



salud para todos caribe

salud integral comunitaria
sèng kawa klóló
integrative community health

Global Service Learning in Costa Rica: December 2026

December 14th–22nd, 2026

Immersive public health & cultural exchange experiences in Talamanca

Hosted by: Salud Para Todos Caribe
Location: Southern Caribbean Coast, Costa Rica (Puerto Viejo & Talamanca)

Join us for a week of meaningful service, cultural learning and exchange, and integrative health practices.

What's Unique About Our Program?

Our Global Service-Learning Trips are immersive, community-based programs designed for **integrative wellness practitioners, students, and anyone who wants to make a difference in global health equity.** You'll support outreach efforts in underserved communities while learning directly from **local traditional healers and public health activists.**

Your participation directly supports our nonprofit's mission: **Equity Through Integrative Healthcare**

Who Should Join?



University students (public health, integrative medicine, nutrition, herbalism, global health, & others)



Healthcare and wellness professionals



Anyone interested in meaningful, ethical travel

Why It Matters

100% of proceeds go directly to Salud Para Todos Caribe's year-round community health programs

Talamanca is home to Costa Rica's largest Afro descendent and Indigenous populations who face systemic inequities in healthcare.

Trip Highlights



Supporting mobile clinics & community health events



Medicinal plant walks & traditional medicine workshops



Cultural classes with Afro-Caribbean and Indigenous educators



Nightly classes on pressing global health topics



Learning from midwives about birthing justice and women's health



Reflection circles & group discussions



Free time at Costa Rica's most beautiful beaches



Lodging, meals, and all in-country transport included

Get Involved

Get in touch today to discuss your group's goals and vision:

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